Dear Parents

As we begin our Lenten season I hope that our community see this as a time to repent and to do some soul-searching. It is a time for us to reflect on our lives and where we are going and what we are doing. It is a time for us to reflect and to be closer to God and also gives us time to prepare for the powerful events of Holy Week.

Last Wednesday we celebrated a beautiful opening mass for the year and it also coincided with Ash Wednesday. I would like to thank Fr. Suresh who celebrated mass for us and also thank the parents and grandparents who attended. I was so pleased to see a good number of parishioners at mass as well. Many thanks to our P&F committee who organized a special morning tea for our families and especially our new families into the school and our parishioners. We had a great crowd stay behind and enjoy a cup of tea, however, the espresso was missing!!!

SHROVE TUESDAY

46 eggs
46 cups of flour
46 cups of milk
4 cups of sugar
12 teaspoons of baking powder
= 650+ pikelets/pancakes

What a great morning cooking last week! Many thanks to Mrs Shirley Shaw and her little band of mums who helped Mrs Hackner, Mr. Payne and I to cook over 650 pikelets/pancakes. The children enjoyed eating their treats and reports from all teachers were that there were no complaints.

EVACUATION

Over the last week we have seen some frightening events in regards to fires close to schools in the metropolitan area. Even yesterday, as our staff attended their Commissioning Mass at Good Shepherd in Lockridge, there was an attempt by some students from a near by school to set fire to the bush land behind Good Shepherd. Luckily this was only small and dealt with swiftly. With this said, I have, over the last week, had a few questions from parents in relation to policy in regards to fires. Obviously being in the hills we are in a high risk area, therefore we work in with FESA through CEWA and plan our policy with their guidance. In the next week or so we will have a fire drill for the students and staff. This is something we aim to do once a term. Each room in the school has an evacuation policy to follow with maps attached. We have a procedure to follow from various rooms within the school and muster areas to go to. Our muster areas are our oval or the Noel Road car park. In case there needs to be an evacuation to another point away from the school, we have an action plan in place with Kalamunda Bus Service to be on call and take the children down to Maida Vale Oval. Obviously if this was to occur all families would be notified. As part of our policy and plan we will always have the radio on (ABC) for alerts, if there was to be a fire in our area. For your information, we also have drills for bomb scares, shut downs and so forth.

CHRIST + WISDOM + COMMUNITY + TRADITION + RESPONSIBILITY

"Ask, and you will receive. Seek, and you will find. Knock, and it will be opened to you." (Matthew 7:7)
REMINDER
A reminder to all parents in regards to parking around the school perimeter. Please be vigilant and be aware that the rangers will be inspecting at any time. Thank you for your understanding.

ABSENTESSES
If your son or daughter is absent on a school day, please ensure you notify the teacher or the front office by 9.15am on the day. If we have not received notification, at 9.30am we will send an SMS reminder. It is important you let us know if your child is absent. Thank you for your understanding.

UNIFORMS
It has been pleasing to see the students in correct uniform this week. Many thanks to our parents for ensuring the children are in correct uniform. We will be looking at uniforms next week class by class and will also be looking at hair as well. If you are not sure of expectations, please see the parent handbook on our website.

SUPERVISION
Please note that the school provides supervision for students between 8.30am and 3.30pm. We are currently having students come into the school before 7.30am. There is no supervision at this time and it is not safe to leave children unsupervised. If you need to discuss this, please contact me.

Sandro Coniglio
Principal

THOUGHT FOR THE FORTNIGHT!

We have only got three choices in life: Give up, give in, or give it all you’ve got.

LEAD

Focus question for the week

ACCOUNTABILITY

How will I help others today?

Why do we learn the Recorder?

When transitioning from Primary School to Middle School students are often offered the choice of learning wind instruments as part of the music program. This can sometimes be overwhelming for children who have never experienced playing an instrument. However, children who have already learnt to read music breathe correctly and articulate, and who are used to practising, only have to concentrate on learning the correct fingering and posture and producing a good tone. They are:

- more confident learners,
- more likely to persevere,
- better at sight-reading, and
- typically enjoy the experience more than complete beginners do at this age.

Students who learn the recorder (properly) at Primary School learn to understand the importance of posture, correct breathing technique, articulation, fingering, elements of pulse, rhythm and pitch, how to read music and how to practise.

Over the years I have spoken to many musicians both professional and amateur whose first contact with music came from learning the recorder at school. These are people who work in all genres of music including Rock and Pop.

I would like to stress the importance that every student from Years 3 to 6 brings their recorder to every classroom music lesson they attend. It is very difficult for a child to sit and listen to the rest of the class playing and developing while they are the only ones without their instrument. The program is based around the recorder. (You can’t learn to write without pen and pencils and in this program you can’t learn without your recorder).

It is also imperative that students should be encouraged to practise at home. You never know where such a simple thing as practising may eventually take your child.

Thank you for reading this and I hope we can all support the children in their music studies.

Paul Leeder
Music Specialist
Mary’s Mount Catholic Identity

Look Closer
Pride: Pride hurts our relationships. For one thing, it prevents us from seeking reconciliation with others when we think that we are always right.
This week try these humility building gestures: Bite your tongue, donate in secret, say ‘sorry’, reject vanity.

Prayer Space
Symbol: Butterfly
Lord God,
You call us out of darkness. Fill us with your light.
Amen

Did You Know?
Pretzels were invented by a monk around 600 AD in Germany and were given as Lenten sweets. The shape is said to resemble a common prayer position—hands crossed over the chest.

Lent
As we enter the season of Lent, the 40 days leading to Easter, it is a time to think about giving to others and thinking of things we can give up that have us think about life from a different view. Writing down something we are going to do in the service of others or in the letting go of something we may hold due to the hurt someone may have caused us and may assist us in reflecting and drawing closer to God this Lent. If someone has hurt us, how do you let it go, how do you forgive them? This is not easy, but it will change us as people. This is the deal with the events of Easter and the time of Lent. It is our opportunity to move beyond this and find our peace.

Project Compassion
To begin this ‘Year of Mercy’ at Mary’s Mount Primary School, our focus is to raise as much money as possible for Project Compassion so that we may feed, clothe and educate those who are living in poverty. Last week we held a very successful Pancake Day where we raised $246. Each class can now continue their fundraising efforts in class through a special Project Compassion money box. Can I encourage you to donate as much or as little as you can afford because as a whole school community we can make a big difference in the lives of those in need! Mr C has said that if we can raise a total of $500 we can have a special movie afternoon!

Sacrament Enrolment Mass
All children receiving a Sacrament this year will need to attend one of the Sacramental Enrolment Masses next weekend (27/2 at 6pm or 28/2 at 9am). At this mass, students will make a special commitment to be fully involved in the preparation needed to receive the Sacrament. Likewise, parents will also make a commitment. Each student will need to take their Enrolment Certificate they received last week to the Mass as Father Suresh will be collecting them. If you are unable to attend one of these Masses, you are able to attend another weekend Mass and pass on the certificate to Father after Mass.
Corporal and Spiritual Works of Mercy

As part of developing a deeper understanding of the term ‘Mercy’, Pope Francis reminds us that we need to be a more effective sign of Jesus in peoples’ lives. Pope Francis does this by highlighting for all Catholics the Corporal and Spiritual Works of Mercy. These ‘Works’ are actions we are asked to perform that extend God’s compassion and mercy to those in need.

<table>
<thead>
<tr>
<th>Corporal Works of Mercy</th>
<th>Spiritual Works of Mercy</th>
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</thead>
<tbody>
<tr>
<td>The Corporal Works of Mercy are kind acts by which we help our neighbours with their physical and emotional needs through:</td>
<td>The Spiritual Works of Mercy are acts of compassion by which we help our neighbours with their emotional and spiritual needs though:</td>
</tr>
<tr>
<td>• feeding the hungry</td>
<td>• counselling the doubtful</td>
</tr>
<tr>
<td>• giving drink to the thirsty</td>
<td>• instructing the unknowing</td>
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<td>• clothing the naked</td>
<td>• advising sinners</td>
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<tr>
<td>• sheltering the homeless</td>
<td>• comforting the afflicted</td>
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<tr>
<td>• visiting the sick</td>
<td>• forgiving wrongdoings</td>
</tr>
<tr>
<td>• visiting the imprisoned</td>
<td>bearing wrongdoings</td>
</tr>
<tr>
<td>• burying the dead</td>
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</tbody>
</table>

Have a blessed week.

Clinton Payne
Assistant Principal

Lenten Preparation 2016 in the Year of Mercy

This short course will explore the four great passages in the Book of Isaiah known as “The Songs of the Suffering Servant”. These “Songs” call us to contemplate God’s merciful love in our lives.

When: Wednesdays 2nd March – 23rd March, 7pm-8pm (followed by supper).
Where: Holy Family Parish, Kalamunda.
Presenters: Sr Shelley Barlow, RNDM and Mr Terry Quinn.
Total Cost: $20.
Contact: For more information or to register, call the Centre for Faith Enrichment on 9241, 5221 or email cfe@perthcatholic.org.au.
Recycle Your Household Batteries at School!

Bring your old and used household batteries to school for recycling and keep them out of Landfill!
The main collection bin can be found in the front office or small collection tubs are in each of our classrooms.
Thank you for your continuing support and most importantly, for helping to ensure a cleaner environment for everyone.

Belinda Henderson
Pre-Primary—Education Assistant

Uniform Shop

OPEN: TUESDAY 2:30pm – 3:15pm
THURSDAY 8:30am – 9:00am

For prompt delivery and convenience, why not place your order online via www.ouronlinecanteen.com.au.
Your order will be packaged and delivered to your child’s class.

Tracey & Jenny
Uniform Shop Co-Ordinators

Open Fridays
Orders can be placed online via www.ouronlinecanteen.com.au
Contact: Shirley Shaw—Canteen Manageress
M.0418 927 177 shawjosh@bigpond.com

A full canteen menu can be found on our school website

<table>
<thead>
<tr>
<th>Week</th>
<th>Date (Friday)</th>
<th>Volunteer 1 9am to 1pm</th>
<th>Volunteer 2 11am to 2pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>19 February</td>
<td>Lisa Echeverria</td>
<td>Naomi Roughsedge</td>
</tr>
<tr>
<td>4</td>
<td>26 February</td>
<td>Fiona Wittenbaker</td>
<td>Carla Ierace</td>
</tr>
<tr>
<td>5</td>
<td>4 March</td>
<td>Chandra Staltari</td>
<td>Kerry Wonnacott</td>
</tr>
</tbody>
</table>
Dear Parents & Friends

Thank you to the parents that were able to make our first P&F meeting for 2016. A very busy meeting! The main discussion of the evening being Breakfast in the Park. Meeting minutes will be distributed to families within the next week.

Thank you to the Hollis family for the donation of a fridge for the P&F storeroom. Greatly appreciated.

Please drop by the school library and pop your name down. As the saying goes — many hands make light work.

The stalls for 2016 are Breakfast Ticket Sales, Raffle Tickets, Cereal and Juice, Tea and Coffee, Cake Stall, Fairy Garlands, Lucky Dip, Coffee Stall, Face Painting and Bouncy Castles.

Face Painting stall requires a parent for money collection only. The Coffee Stall requires baristas and helpers to take the coffee/hot chocolate orders.

A huge thank you to the following people who have taken on the jobs of Stall Coordinators. Tracey Wincomb—Cake Stall, Fiona Wittenbaker—Fairy Garlands, Christine Barnett—Raffles, Lourdes Benedictos—Coffee Stall, Yvette Basili—Lucky Dips and Lance Roughsedge for being our coordinator for the Saturday and Sunday preparations. Alan Barnett BBQ Area supervisor and Jason Glass again for electrical set-up and trouble-shooting. Natalie Boyd-Ratcliffe for putting together the lucky dip prizes again this year.

Thank you to the Kalamunda Lions Club for again, running the Donut Stall for 2016. Coordinators for the Cereal and Juice table, and Tea and Coffee Stall still needed.

Busy Bee Preparation Morning—Monday 29 February

After the Monday morning assembly on Monday 29 February there will be a busy bee / crafty morning for Breakfast in the Park. Tasks include wrapping cutlery, preparing wire for fairy garlands, decorating jars for table centre pieces and other bits and pieces. The kettle will be on! Please email us if you are able to joining us for the morning. Even for an hour!

Trucks and trailers—urgently required for the Breakfast in the Park weekend.

We are putting out a call to families that have access to trucks and trailers that would be suitable for the transport of tables and chairs, bbq’s and bain maries, and other breakfast equipment and stall items to and from Stirk Park.

Do you have a B Class licence and are free to drive a truck on the Saturday and Sunday of the breakfast? Please contact us!

Class Contributions: Cereal, baked beans and juice contributions can now be dropped to the school office or the Cottage in the mornings. Milk donations—please drop to the Cottage the morning of Thursday 10 March and Friday 11 March.

Donations for Raffles: We would love to hear from families who would like to donate prizes for the raffles.

A huge thank you to all the businesses and families who have provided sponsorship and donations! Breakfast in the Park would not be the wonderful event that it is without the continued support of all our families and businesses.

If you have any questions about Breakfast In the Park, please contact us.

P&F Committee 2016
Email: pfmarysmount@gmail.com
Mary’s Mount Netball Club (MMNC)

Welcome to 2016. Mary’s Mount Netball Club would like to welcome existing players and new players to Season 2016.

All registrations will need to be completed online using a system called My Netball. Existing players should have already received an email containing information regarding registration and the 2016 season, and will be able to logon and complete the registration and payment process. If your child is a new player to our club and would like to register, we will need you to contact our Club President, Alan Barnett at marysmountnetball@gmail.com, with your child’s name, date of birth and your current email address. We can then add them to the database, and issue them with a login and password to complete the registration process.

We look forward to seeing you on the court in 2016. If you have any questions or difficulty in registering your child online, then please feel free to contact Alan.

If you would like to advertise your business here please contact the school office for full details.

LaSalle Enrolments Year 7, 2018

La Salle College is accepting enrolments for Year 7, 2018. For a prospectus and enrolment form, please contact La Salle on 9274 6266 or visit the college website www.lasalle.wa.edu.au

Natalie Hainsworth
Director, Kip McGrath Education Centres Midland
Suite 27, 8-12 Stafford Street, Midland WA 6056
M 0419 959 293
E midland@kipmcgrath.com.au
All money raised will go to a charity that helps others live in HARMONY.

WEAR SOMETHING ORANGE

MONDAY 14TH MARCH HARMONY DAY

At Mary’s Mount Primary School, we are raising the awareness about the importance of living in HARMONY with each other.

Our diversity and acceptance of each other is our strength.

Mary’s Mount Primary School

Harmony Day
9am Assembly
14th March 2016

Everyone is Welcome!!!!