FROM THE PRINCIPAL

THOUGHT FOR LIFE

A professor stood before his philosophy class and had some items in front of him.

When the class began, wordlessly, he picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed that it was. So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between golf balls. He then asked the students again if the jar was full. They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous "yes."

The professor then produced two cups of tea from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand. The students laughed. "Now," said the professor, as the laughter subsided, "I want you to recognise that this jar represents your life. The golf balls are the important things--your family, your children, your health, your friends, and your favourite passions--things that if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house, and your car. The sand is everything else--the small stuff. "If you put the sand into the jar first," he continued, "there is no room for the pebbles or the golf balls. The same goes for life." If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness. Play with your children. Take time to get those medical check-ups. Go out to dinner. Play another 18. There will always be time to clean the house, and fix the disposal. "Take care of the golf balls first, the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and enquired what the tea represented. The professor smiled. "I'm glad you asked. It just goes to show you that no matter how full your life may seem, there's always room for a cup of tea."

I was recently going through some old reflections that I have kept through my time in teaching. This is a reflection that stood out to me like a beacon. It speaks to me of the urgency of life today and how quickly we move on a day to day basis. It has forced me in a way, to slow down and do the things that I have pushed aside for a rainy day.

The key factor for me from this reflection, however, was the actual understanding of the tea. When I start to think about it, it is not really about the tea is it? It doesn't have to be tea, coffee, wine - anything actually, but what it actually does is force you to stop or slow down, or with most of these drinks you tend to share with someone else well maybe sometimes? That face-to-face time is so important and critical to our daily lives to make sure we are okay and that we are doing the right things for ourselves. Make sure you are always looking after yourself and your family!

DANCE TROUPE

A big congratulations to our Year 5/6 dance troupe who performed last Friday night at the Convention Centre in Perth. This was part of the Catholic Arts Festival. The students were magnificent and performed beautifully. Well done to all those students who have made us all so proud.
My thanks go to Chloe Smith and Olivia Zaffino who voluntarily gave of their time every Tuesday afternoon from 3.20—4.10 for 16 weeks to choreograph the dance for the students. These two young ladies did an outstanding job in not only choreographing the dance but also in organising the props and costumes for the students.

Thanks also to Nicole Smith for supervising the whole dance troupe from start to finish and also to the parents who supported the students and young ladies. I am sure you all enjoyed a great night of entertainment.

NETWORKING!!!
On Tuesday afternoon we hosted 3 other Catholic schools within our region for a staff network meeting. These meetings are for staff from within our region to come together and work together in their year levels and look at a variety of issues from grading work, to readers and so forth. I feel that it is an invaluable experience for our teachers. These meetings will take place once a term.

CONGRATULATIONS
Over the last two weeks both Sarah Wright and Clinton Payne have been involved in their Assistant Principal’s Review. They both performed very well and were given a very good report. I would like to congratulate Sarah and Clinton on the extension and renewal of their contracts. Keep up the great work that you both do at Mary’s Mount.

DON’T FORGET
Please don’t forget our Father’s Day Mass and morning tea, Thursday 4 September and the school Athletics Carnival Friday 5 September.

God Bless
Sandro Coniglio

FROM THE BOARD...
Hello to you all!

I would like to congratulate Clinton Payne and Sarah Wright on their recent successful review. Well done to both of you on behalf of our school community.

On behalf of the School Board I would like to thank our grounds person, Mr Daniel Harris for having the school grounds looking so good. Daniel takes an enormous amount of pride in our school and it is very noticeable.

Justin Pavlinovich
School Board Chair Person.

HOMEWORK CLUB WILL NOT BE OPERATING NEXT THURSDAY 4 SEPTEMBER DUE TO STAFF PROFESSIONAL DEVELOPMENT

National Literacy and Numeracy Week

This week we celebrated the 16th year of National Literacy and Numeracy Week. The purpose of the week is to celebrate learning and raise awareness of the importance of reading, writing and mathematics skills.

To recognise this important week, each year group met with their buddy class to complete a fun writing and math activity or game. The students wrote a poem with their buddy and the most creative from each class will be selected and entered into the Australia wide competition. You will be able to view the poems in the library soon.

Make sure you ask your children what activities they completed this week with their buddy class!

Jasmine O’Brien and Nicole Smith
(Literacy and Numeracy Coordinators)
**Canteen Roster / Volunteers**

Thank you to all of our volunteers this term. We are still in need of a few helpers. Please see the roster above. Please note, **volunteers do not need to stay the whole day in the canteen**. We understand many working parents only have the odd day off here and there and would like to help, but find it difficult to make the commitment for a whole day. That is OK! *If you can only come in for an hour or two that is fine. Just let us know how long you can help so we can plan.*

**Thank you for Supporting Book Week in the Canteen!**

A special thank you to everyone who came along to the canteen last week and enjoyed some of tasty Book Week treats! It was a busy time in the canteen, and it wouldn’t have happened without Finette Macolino who spent many hours making animal biscuits, cupcakes and pavlovas! Thank you Finette and everyone who helped make Book Week special for our students.

**Special Lunch Orders – Sports Carnival & Mini Fete** — Orders Close Wed 5pm prior to the event.

Recess orders will be as normal on these two dates. But only these special items below will be available for lunch. No other lunch menu items can be ordered.

**Sports Carnival** – Friday 5 September

Last year we offered hamburgers and a sausage sizzle to students, parents and helpers on the day. These are once again available, but must be pre-ordered via www.outrinecanteen.com.au under the category SPORTS DAY. Recess as normal.

- Hamburgers $4 each (lettuce, tomato, fried onions & tomato sauce).
- Sausage sizzle $2.50 each.
- Fruit juice boxes & Water $1.50 each.
- Available for parents and helpers on the day too (must be pre-ordered online).

**Mini Fete** – Friday 12 September

Sausage Sizzle (only) can be pre-ordered under the category MINI-FETE for $2.50 for lunch on the day of the mini fete. The BBQ will be set up in the school yard with lunch available while the mini fete is in full swing. Please pre-order online. Recess as normal.

**Canteen Questionnaire – Thank you for taking the time**

Thank you for everyone who completed the canteen questionnaire. Your comments are very useful in helping us provide a quality service for our students and when making plans for the canteen.
News from the Garden

The winter months have provided much needed rains to our vegie patch and the recent warmer temperatures have given our spinach, lettuces, silver beet, peas and broad beans a sudden growth spurt. The canteen will soon be making use of these wonderful vegetables in their Monday and Friday lunches. Meanwhile, the Year 1s are utilising the empty Year 5 bed for their science experiment.

We have a few autumn Beetroot left over to give away. Any parents who have a Thermomix know the raw beetroot salad, the leaves can be used in salads or the beetroot baked in the oven for a delicious spring roasted vegetable. Please just help yourselves from the Year 2 garden bed.

Also, I will be replacing many of the existing herbs this spring. Please help yourselves to the Year 3 garden bed for thyme, parsley, oregano and chives. Lemongrass, nasturtium and mint can also be found nearby for cuttings.

BOOK CLUB—ISSUE 6
Orders for Book Club are due no later Thursday 4 September. Please make cheques payable to Scholastic. Thank you for your continued support.

Chandra Staltari

FOUND - SUNGLASSES
Two pairs of sunglasses have been found in the school grounds, one in the Kindy area and the other in Year 2. If you have a lost your sunglasses please come to the Office to see one of these belongs to you.

Kids Inn Kalamunda
Currently has places available for before and after school care. For more information please call 0477 938 202.

COMMUNITY NEWS

EMPLOYMENT OPPORTUNITY
Our Lady of Lourdes Parish, Lesmurdie
PART TIME ADMINISTRATION ASSISTANT
A vacancy exists for a part time Administration Assistant 18 hours (3 days per week). The successful applicant will be responsible for the day-to-day administration of the Parish Office. This position requires strong administration, interpersonal, communication skills together with the ability to use Microsoft Office suite, including, excel, publisher and outlook. Experience with MYOB would be advantageous. An understanding of the ethos of the Catholic Church would be an advantage.

Applications are to be received by Monday 8 September and include the names and contact numbers of three referees, including your current employer and Parish Priest. For further information, job descriptions and to submit your application please email Father Michael Separovichpplesmurdie@perthcatholic.org.au

LA SALLE COLLEGE- 2014 HALL OF EXCELLENCE and 60TH ANNIVERSARY
DIAMOND JUBILEE DINNER- FRIDAY 12 SEPTEMBER 2014
COMMENCING AT 7:00PM
In the Patricia Rodrigues Centre
La Salle College, 5 La Salle Avenue, Middle Swan
Tickets $65 (Alumni members $60)
Includes: Buffet dinner and drinks
To book your table or individual tickets, please contact the Administration Office on 9274 6266 or email communityrelations@lasalle.wa.edu.au
Small group lessons from 6 months to school age.
Pool heated 32º for optimum concentration.
Teachers trained by Austswim and Australia’s best Swim School Consultant: Coach Cameron Roberts

221 Gooseberry Hill Rd Maida Vale, WA 6057
Ph 94545440
www.aquatotsswimmingschool.com.au
info@aquatotsswimmingschool.com.au

To see your business advertised here, please contact the school office for more information.

Award for Excellence

A huge congratulations to our LEAD Award Winners

Our next LEAD recipients were announced and presented with their certificates at our Monday morning Assembly 25 August 2014. Giselle Tenhave in Year 4 set an example of Accountability, Mrs Denise Goodall was thanked and congratulated for all her dedicated work in our school veggie patch (Engagement) and Georgia Fazioli in Year 6 was awarded a LEAD certificate for her actions in the area of Discipleship. Well deserved, humble winners.

Congratulations and thank you from everyone at Mary’s Mount Primary School.

BOOK WEEK PARADE